

GENERAL GUIDELINES FOR PARENTS: CIPPE FORMS

The new PIAA physical exam packet contains several pages and it is imperative that the Parent/Guardian of the student athlete complete all sections in their entirety. (PLEASE USE PEN)

- *Packets can be picked up in the Athletic Office, Nurses Office, or taken from the East Allegheny School District web site under "District Athletics".*
- *After completing the packet, make a copy for your records and turn in the original.*
- *No athlete will be permitted to participate without completion of the CIPPE forms.*

SECTION 1: Personal and Emergency Information

- *Please fill in all information regarding:*
 - ❑ *Emergency contact and Health Insurance, including policy number and phone number.*
 - ❑ *Family physician's name, address, and phone number.*

SECTION 2: Certification of Parent/Guardian

- *Please sign beside EVERY sport your son/daughter might be interested in playing for the year.*
- *Please sign and date all sections A-E.*

SECTION 3: Health History

- *Please explain, at the bottom, all yes answered questions in the space provided. Please specify dates where applicable and be as descriptive as possible.*
- *Please make sure Parent/Guardian and Athlete signs and dates the form.*

SECTION 4: CIPPE and Certification of Authorized Medical Examiner

- *The Doctor will complete this section when the physical is given. If you choose to get a physical by your own doctor, please follow the steps outlined below.*
 - ❑ *A licensed medical practitioner must conduct exams.*
 - ❑ *All physicals must be completed after June 1, 2010 in order to be eligible for the 2010-2011 school year.*
 - ❑ *Have the physician sign, date, and fill in address/phone # at the bottom of the page.*
 - ❑ *Please turn the form in as soon as it is completed to the high school nurse.*

No athlete will be permitted to participate without a physical.

Schedule of PIAA start dates for athletics and due date for completed CIPPE Packets and Physical exams.

Due Date for Fall Athletics: August 9, 2010
First day of Fall Sports: August 16, 2010

Due Date for Winter Athletics: November 12, 2010
First day of Winter Athletics: November 19, 2010

Due Date for Spring Athletics: February 28, 2011
First day of Spring Athletics: March 7, 2011

Physical exams for all athletes planning on participating in athletics during the 2010-2011 school year will be conducted on the following dates. In order to receive a free physical exam given by the school doctor, you will need to be present in school according to the schedule below. The PIAA requires only one Athletic Physical Exam per school year.

DATE: Thursday, June 3, 2010 TIME: 8:45-10:30 am Grades 6-8

DATE: Friday, June 4, 2010 TIME: 8:45-10:30 am Grades 9-12

*LOCATION: June 3rd Logan MS Nurses Suite
June 4th East Allegheny HS Cafeteria and Nurses Suite*

- ***If participating in the June 2010 physical exams, the CIPPE physical exam packet must be turned in to the Nurses Office before getting the physical.***
- ***Only those athletes that turned in their CIPPE Physical Packet will be permitted to get the physical on this date.***

*ALL student/athletes choosing to participate in subsequent sport seasons in the same school year will be required to have their parent/guardian complete the **Re-Certification (Section 5)** form before beginning the next sport. If an athlete is injured and needs to be re-evaluated, the **Re-Certification By Authorized Medical Examiner (Section 6)** form must be completed by your physician. The student/athlete will be able to acquire these forms from the Nurse's Suite, Athletic Office, or the East Allegheny School District web site under "District Athletics".*