

# EAST ALLEGHENY AIU PRESCHOOL

## BREAKFAST AND LUNCH MENU

MAY 2010

### BREAKFAST MENU

#### Daily Breakfast

~Assorted Whole Grain Cereals with Toast or Jungle Crackers


~Choices of Fresh Fruits

Served with 100% Assorted Fruit Juice and A Variety of Low Fat Milk



Summer

Menu Subject to change

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
5/3 <b>NO SCHOOL</b>	5/4 <b>Cheesy Steak-umm Hoagie</b> Tator Tots Cups of Apple slices Variety of 1/2 Pint 1 % Milk	5/5 <b>Taco w/ meat / cheese</b> Corn Pears Variety of 1/2 Pint 1 % Milk <i>CINCO DE MAYO</i>	5/6 <b>Grilled Ham / Cheese Sandwich</b> Green beans Peaches Variety of 1/2 Pint 1 % Milk	5/7 <b>Slice of Pizza</b> Peas and carrots Applesauce Variety of 1/2 Pint 1 % Milk <i> pudding Day!</i>
5/10 <b>Chicken Nuggets w roll</b> Corn Peaches Variety of 1/2 Pint 1 % Milk	5/11 <b>Swedish Meatballs w/ noodles</b> Carrots Mixed Fruit Variety of 1/2 Pint 1 % Milk	5/12 <b>Hotdog on a bun</b> Mixed Vegetables Applesauce Variety of 1/2 Pint 1 % Milk	5/13 <b>Fish Sandwich</b> Baked Fries Mixed Fruit Variety of 1/2 Pint 1 % Milk	5/14 <b>NO SCHOOL</b>
5/17 <b>Italian Dunkers w/ sauce</b> Green beans Apple slices Variety of 1/2 Pint 1 % Milk	5/18 <b>Chicken Strips w/ bread</b> Lettuce and Tomatoes Pears Variety of 1/2 Pint 1 % Milk <b>SURPRISE DAY</b>	5/19 <b>Spiral MAC and Cheese w/ roll</b> Corn Applesauce Variety of 1/2 Pint 1 % Milk	5/20 <b>Nachos w beef/ cheese/ roll</b> Carrots Mixed Fruit Variety of 1/2 Pint 1 % Milk	5/21 <b>Turkey w/ gravy</b> Mashed Potatoes Mixed Fruits Variety of 1/2 Pint 1 % Milk
5/24 <b>Grilled Cheese Sandwich Sandwich</b> Mixed Vegetables Mixed Fruits Variety of 1/2 Pint 1 % Milk	5/25 <b>Cheeseburger on a bun</b> Peas and Carrots Pineapples Variety of 1/2 Pint 1 % Milk	5/26 <b>Cheesy MAC and Beef w/ roll</b> Green beans Applesauce Variety of 1/2 Pint 1 % Milk	5/27 <b>Chicken Patty Sandwich</b> Mixed Vegetables Mixed Fruits Variety of 1/2 Pint 1 % Milk	5/28 <b>NO SCHOOL</b>
31 <b>NO SCHOOL</b>  <b>MEMORIAL DAY</b>	<b>CAFETERIA SUBSTITUTES NEEDED</b>			