



Snack Menu



EAST ALLEGHENY AIU PRESCHOOL

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| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|---|
| 3/1 NO SCHOOL | 3/2 1/2 c. Cereal Bar 4 oz. 100% Fruit Juice | 3/3 1/2 c. Applesauce 8 oz. 2% Milk | 3/4 Jungle Crackers 4 oz. 100% Fruit juice | 3/5 Fresh Orange 8 oz. 2% Milk |
| 3/8 Fresh Apple 8 oz. 2% Milk | 3/9 1/2 c. Apple slices 4 oz. 100% Fruit Juice | 3/10 Cheez-it Crackers 4 oz. 100% Fruit Juice | 3/11 1/2 c. Carrot Sticks 8 oz. 2% Milk | 3/12 1/2 c. Fruit Filled Jell-o 8 oz. 2% Milk |
| 3/15 1/2 c. Celery Sticks 4 oz. 100% Fruit Juice | 3/16 Kids Snack Mix 4 oz. 100% Fruit Juice | 3/17  St. Patrick's Cookie Day 8 oz. 2% Milk | 3/18 1/2 c. Pretzels 4 oz. 100% Fruit Juice | 3/19 1/2 c. Cheese Sticks 8oz. 2% Milk |
| 3/22 Animal Crackers 4 oz. 100% Fruit juice | 3/23 1/2 c. Mixed Fruit 8 oz. 2% Milk | 3/24 1/2 c. Peaches 8 oz. 2% Milk | 3/25 4 oz. Yogurt Cup 4 oz. 100% Fruit juice | 3/26 Assorted Cookies 8 oz. 2% Milk |
| 3/29 1/2 c. Mixed Fruit 8 oz. 2% Milk | 3/30 Fresh Banana 8 oz. 2% Milk | 3/31 1/2 c. Diced Pears 8 oz. 2% Milk |  | |

What makes a reimbursable snack?*

Milk: 1/2 C. serving
Vegetable/fruit/fruit juice: 1/2 C. serving
Meat or Meat Alternative: 1/2 ounce
Grains/ Breads: 1/2 slice or equivalent serving

**Must serve at least two of the following components. Juice or yogurt may not be served with milk.

Menu is Subject to Change

