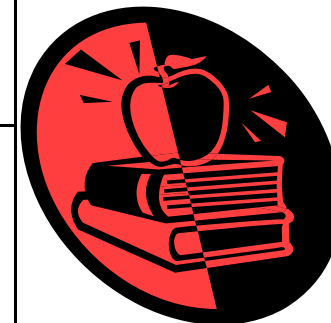


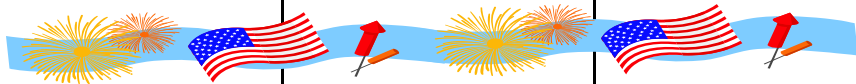
EAST ALLEGHENY SCHOOL DISTRICT BREAKFAST MENU



Providing the Absolute Best in Food and Facility Management

September 2008



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/01  No School School Holiday	9/02 No School In-Service	9/03 No School In-Service	9/04 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/05 Choice of Cereal and Donut 1/2 c 100% Fruit Juice 1/2 Pt. Assorted Milk
9/08 Two Pancakes w/ sausage 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/09 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/10 Assorted Bagels w/toppings 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/11 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/12 Choice of Muffin and sausage 1/2 c 100% Fruit Juice 1/2 Pt. Assorted Milk
9/15 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/16 Breakfast Pizza 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/17 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/18 Sausage and Cheese Biscuit 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/19 Choice of Cereal and Donut 1/2 c. 100% Fruit juice 1/2 Pt. Assorted Milk
9/22 Super Cinnamon Bun 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/23 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/24 Funnel Cake w/ powdered sugar 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/25 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	9/26 Breakfast Pizza 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk No School Act 80 Day K-8th
9/29 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt Assorted Milk	9/30 Sausage and Cheese Biscuit 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	10/01 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	10/02 Two Pancakes w/ sausage 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk	10/03 Choice of Cereal and Donut 1/2 c 100% Fruit juice 1/2 Pt. Assorted Milk

What Counts as a Reimbursable Breakfast?

Three or four of the following must be taken...

- 1 Meat or Meat Alternative (1oz.) Sausage, Egg, Cheese, etc.
- 1 Bread or Bread Alternative (1oz.) Toast, Bun, Bagel, Donut, etc.
- 1 Fruit and/ or Vegetable (1/2C) Fruit Juice, Hashbrown, etc.
- 1 Milk (1/2 Pt.) Whole Milk, Skim Milk, etc.

2 Meat or Meat Alternates or 2 Bread or Bread Alternates or 1 from each component (shown above) must be offered.

Also available daily: assorted cereals, assorted donuts, and assorted muffins.

Menu Subject to Change